



Arthritis Foundation
 Heartland Region – Central, IL
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Dear 2014 Springfield Jingle Bell Run Participant,

Thank you for registering for the Springfield Jingle Bell Run. Don't forget, the event is this **Saturday, November 15**, at Lincoln Land Community College – 5250 Shepherd Road, Springfield, IL 62703.

It is not too late to invite your friends! *Online registration closes on November 12 at 12p.m.* Day of registration will be available from 8a.m.-9:45a.m.

Below you will find the **event timeline**.

Friday, November 14, 2014

Pre-Race Packet Pick Up 4p.m.-7p.m.
 Location: Menard Hall at LLC

Saturday, November 15, 2014

Registrations and Packet Pick Up	8am-9:45am
Costume Contest	9:00 a.m.
Warm Up and Stretching	9:30 a.m.
Kid's Fun Run (will be outside)	9:45 a.m.
Competitive 5K Run/Walk	10:00 a.m.
Non-competitive 5K Run/Walk	10:10 a.m.
One Mile Walk	10:15 a.m.
Post-Event/Awards	11:00 a.m.

Please remember, **t-shirts** are provided based on the size that was indicated during registration. After the race is complete, if there are extra t-shirts participants are allowed to exchange for a more desired size

You may drop off **donations** the day of the event. We request all cash donations, be converted into a money order made out to the Arthritis Foundation. Donations may also be sent to the Foundation at the following address,

Arthritis Foundation, Heartland Region
 Greater Illinois Payment Processing Center
 P.O. Box 790379
 St. Louis, MO 63179-0379

We will also have the availability to accept credit/debit cards donations on the day of the event this year!

A majority of the event festivities will take place at the **Menard Hall on Lincoln Land Community College Campus**, which can be seen on the attached map.

Visit Jinglebellspringfield.org for a copy of this year's race course, parking options, and general information.

Thank you again for all you do,

Jihan Bibb
 Director of Special Events
 Arthritis Foundation