

SUGGESTED FACEBOOK AND TWITTER MESSAGES

Tips

- Add a link to your personal or team fundraising webpage in EVERY message you post so your friends can easily access your page to donate or register.
- Thank each of your friends by tagging them in a post after they donate. Tagging your friend increases the chances that someone you don't know will see the post and may decide to donate to your fundraising page.
- Have fun and make it personal.
- If you have teammates on Facebook or Twitter, post comments that help create some healthy competition.
- Make your language specific to yield better results.

“JOIN MY TEAM AND FUNDRAISE”

- I'm walking to cure arthritis! Join my team today at [\[insert link to team page\]](#)
- Fundraise with me for the Walk to Cure Arthritis! Join my team today at [\[insert link to team page\]](#)
- I'm all about a cure for arthritis! Help be a part of the cure and join my team! [\[insert link to team page\]](#)
- I'm so excited for the Walk to Cure Arthritis on [\[insert event date\]](#)! Join my team and be a part of the cure! [\[insert link to team page\]](#)
- I still need team members to fundraise with me at the Walk to Cure Arthritis! [\[insert link to team page\]](#)
- Help! I need five people to join my Walk to Cure Arthritis team today! [\[insert link to team page\]](#)

Follow up: [\[insert friend's name/@Twitter name\]](#) just joined my team! I'm still looking for 4 more cool people to register and fundraise. [\[insert link to team page\]](#)

FUNDRAISING MESSAGES

- Support me as I walk to cure arthritis! Please donate to my Walk to Cure Arthritis fundraising efforts [\[insert link to personal fundraising page\]](#)
- Your donation can help millions of families affected by arthritis. Support me as I walk to cure arthritis. [\[insert link to personal fundraising page\]](#)
- Your donation makes a big difference! Please support me as I Walk to Cure Arthritis. [\[insert link to personal fundraising page\]](#)

- 50 million Americans are living with arthritis. Please make a donation and help find a cure for this devastating disease. [\[insert link to personal fundraising page\]](#)
- Arthritis is the #1 cause of disability in the U.S. Please make a donation to help find a cure and provide resources for those living with arthritis. [\[insert link to personal fundraising page\]](#)
- One in five adults has been diagnosed with arthritis by their doctor. You can help support the efforts to find a cure. Please donate to my Walk to Cure Arthritis page: [\[insert link to personal fundraising page\]](#)
- Did you know that kids get arthritis too? Make a donation to help find a cure and make a difference. [\[insert link to personal fundraising page\]](#)
- Do you want to make a difference in the lives of millions of Americans? Support me as I Walk to Cure Arthritis! [\[insert link to personal fundraising page\]](#)
- Even small donations make a big difference in the fight against arthritis! Please donate to help cure this disease. [\[insert link to personal fundraising page\]](#)
- Do you want to help people with arthritis live more healthy and productive lives? Please donate! [\[insert link to personal fundraising page\]](#)
- Please support me as I participate in the Walk to Cure Arthritis. Your support makes a big difference. [\[insert link to personal fundraising page\]](#)
- I need to raise [\[insert personal fundraising goal\]](#) to reach my Walk to Cure Arthritis fundraising goal. Donate today to help me reach my goal! [\[insert link to personal fundraising page\]](#)

Follow up: Thank you [\[insert friend's name/@Twitter name\]](#) for helping those affected by arthritis. I still need [\[insert amount needed to reach goal\]](#), please donate today! [\[insert link to personal fundraising page\]](#)

THANK YOU MESSAGES

Tip: Post an update thanking your friends after they donate. Don't forget to tag them in your post.

- Thank you [\[insert friend's name/@Twitter name\]](#) for supporting me in the Walk to Cure Arthritis! Your gift makes a big difference! [\[insert link to personal fundraising page\]](#)
- Thank you [\[insert friend's name/@Twitter name\]](#) for supporting me in the Walk to Cure Arthritis! Together, we can help the millions of families affected arthritis. [\[insert link to personal fundraising page\]](#)
- Thank you [\[insert friend's name/@Twitter name\]](#) for your donation to the Walk to Cure Arthritis! Because of your donation, I'm closer to reaching my goal of [\[insert personal fundraising goal\]](#)! [\[insert link to personal fundraising page\]](#)
- I reached my Walk to Cure Arthritis fundraising goal! Thank you [\[insert friend's name\(s\)/@Twitter name\(s\)\]](#) for your support! You can still donate and help cure arthritis [\[insert link to personal fundraising page\]](#)