

MidState Medical Center, in partnership
with the Wallingford Public Library and The Arthritis Foundation,
presents a two-part series:

Common Back Problems and Treatment Options Available

to help you find relief and get back to your daily activities

Part 1: May 5, 6 to 7:45 p.m.

**Osteoporosis, Compression Fractures
and Spinal Stenosis**

Jeffrey Pravda, MD

**Spinal Deformities: Scoliosis
and Spondylolisthesis**

Joel Bauman, MD

Part 2: May 12, 6 to 7:45 p.m.

**Low Back Pain, Sciatica,
Disc Disease and SI Joints**

Edward Akeyson, MD

**Pain Management and Non-Surgical
Treatment Options**

Dean Mariano, MD

And at both sessions:

Renee Bouchard, PT, MSPT, Hartford Hospital Rehabilitation Network, Wallingford site director,
Physical Therapy Techniques to Improve Back Pain



Dr. Akeyson



Dr. Bauman



Renee Bouchard, PT



Dr. Mariano



Dr. Pravda

Wallingford Public Library
200 North Main Street
Lower Level Community Room

To register for this program, please call the Wallingford Public Library at **203.265.6754**.