

Leading the Way



HELP AND SUPPORT

When and Where You Need It

At the Arthritis Foundation, we're expanding our reach to assist even more people with arthritis. We offer trusted information, powerful health tracking tools and ways to connect with others. We're working with health care providers and other partners to strengthen our educational and interactive offerings. We're also building a state-of-the-art digital enterprise so you can customize your online experience and live better than ever.

[Click here to watch the TODAY show clip about Track + React.](#)



Track + React on the TODAY Show

The Arthritis Foundation's innovative self-management tool was highlighted on NBC's TODAY show in October 2013.

Following the show,
enrollment rose by 111%.

Download our **free tool** to help track and manage your arthritis pain, stiffness, nutrition, fitness and more.